

Basic Dude Socks

By: Jalene Sanier

A very basic toe-up sock, made with worsted weight wool, using short rows method for heels and toes. Designed to be a quick knit, and functional for the outdoor dude who's been asking for some homemade socks.

Yarn:

Bernat – Wool Blend Natural Blends (Worsted)

Approximately 1 Ball (3.53 oz)

If longer cuffs desired, a bit of a second ball may be needed

Needles:

Set of 5 DPNs - US 5 / 3.75 mm

Other:

Any size Crochet Hook

Waste yarn for Provisional Cast on (different colour)

Gauge:

5 Stitches per Inch in stockinette using US 4/ 3.75 mm Needles, or size to achieve gauge

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Provisional Cast On:

Cast on 22 stitches using the provisional cast on method of your choice

i.e. Using waste yarn in a different colour than your project, crochet a chain of about 30 stitches. Draw the yarn through the last loop and mark this end in some way – you will begin picking up stitches through this chain from the unmarked end. Leaving a tail long enough to weave in ends (4-5 inches) pick up and knit 22 stitches through the bumps on the back of the crochet chain.

Work Short Rows Toe as follows:

Row 1: (Wrong side) Purl back across the 22 stitches, turn work.

Row 2: k 21, turn work. (1 stitch un-worked)

Row 3: YO, p 20, (YO pair reached) turn work.

Row 4: YO, k 19, (YO pair reached) turn work.

Row 5: YO, p 18, turn work.

Row 6: YO, k 17, turn work.

Row 7: YO, k to YO pair, turn work.

Row 8: YO, p to YO pair, turn work

Continue in this manner, repeating rows 7 and 8, until only 6 stitches remain between YO pairs. End with a purl row.

Row 9: k across until YO pair reached, k 1 (first st of pair) k2tog tbl, turn

Row 10: Purl across until YO pair reached, p1, p2tog, turn

Row 11: Knit across until YO Pair reached, k1, k3tog tbl, turn

Row 12: Purl across until YO Pair reached, p1, p3tog, turn

Continue in this manner, repeating rows 11 and 12, until rows are the full 22 stitches again. Ending on a purl row, there will still be YO at the other end, knit them together in the next full round, to prevent a hole from forming there.

From the marked end of the crochet chain, unzip the provisional cast on, picking up stitches with an empty needle. (21 stitches) inc 1 stitch as you knit across. 22 stitches.

Working in Round (44 Stitches):

Divide stitches for top of foot onto 2 needles, bottom of foot onto 2 needles, and knit with the 5th.

Work in Stockinette stitch (knit every row) until sock measures 2 inches less than the length of foot

Examples of foot lengths:

US Shoe Sizes	Foot Length in Inches
6 - 7	9.5
8 - 9	10
9.5 - 10	10.5
10.5 - 11.5	11
12 - 13	11.5

Place stitches from sole of foot (22) onto one needle.

If desired, slip the 22 stitches from top of foot onto waste yarn or ribbon while working heel.

Using same short rows method as used above for toes, work heel.

Resume working in the round. Continue in stockinette for 6 – 8 inches, or length desired.

Work 2 – 3 inches in k2 p2 ribbing.

Cast off Very Loosely!

Weave in ends and block finished socks.

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For interest you could place small cables across the top of foot stitches, keeping in mind that several tight cables may shrink the circumference of the foot, and you may need to start with more stitches to accommodate this!

~J